

2027

UAE Co-Active Leadership Program



Coaches Training
Institute



CO-ACTIVE
TRAINING INSTITUTE

An aerial photograph of the Dubai skyline at sunset. The Burj Khalifa is the central focus, with other skyscrapers visible on either side. The city is reflected in the water in the foreground, and the sky is a mix of orange, yellow, and purple.

Everyone is a leader.
The question is what kind?



A Co-Active event at The Coaches Training Institute in Dubai

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What Is Co-Active Leadership?

Leadership from the inside out.

Co-Active leadership is built on a radical premise: the most powerful leaders don't lead from authority — they lead from who they are.

This approach rejects top-down models built on distance and control. Instead, it cultivates leaders who are fully present, deeply self-aware, and profoundly connected to those around them.

It connects who you are, who you choose to be, and what you do — so that every decision, conversation, and challenge becomes an expression of your truest self. Our participants are CEOs, coaches, entrepreneurs, parents, and healthcare workers. Because anyone can be a Co-Active leader.

Program Overview

Designed to push you beyond the edge of the ordinary.

Over 8 transformative months, you will unlearn what leadership is and rebuild it from the ground up — on your own terms. Through four immersive residential retreats, weekly group calls, and deep personal reflection, you will discover the leader you were always meant to be.

Expect adventure-based activities, vulnerable conversations, profound breakthroughs, and connections that last a lifetime. Graduates leave with more power, more choice, and more responsibility. The program starts November 2026.

8

Months

4

Retreats

24

People

∞

Lifelong Bonds

Program Structure

The program is delivered over 4 residential retreats with intervening calls and learning integration.



What You'll Discover

Eight dimensions of transformation, uniquely yours to explore.

1

Honing your leadership competencies and instincts

2

Integrating your leadership with your deeper self

3

Identifying the contributions you're here to make

4

Exploring your impact on others and the world around you

5

Building unshakeable confidence and self-authority

6

Shattering the self-imposed limitations holding you back

7

Uncovering bold new pathways and perspectives

8

Forging lifelong friendships and powerful alliances



05

Your Transformation Cohort

You won't walk this path alone.

A carefully selected group of growth-oriented individuals will journey alongside you — sharing, challenging, and witnessing one another's transformation. Over 8 months, 4 retreats, and weekly calls, these relationships become something rare: the kind of bonds that shape who you become and stay with you for life.

"I developed deep personal friendships that continue to this day, 15 years later. I still draw from the learnings every single day."

— Julie Colbrese, Executive Coach



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Is This For You?

There is no perfect candidate. Just a ready one.

This program is for people who sense there is more — more depth, more impact, more alignment between who they are and how they lead. People who are ready to be disrupted.



Voices of Transformation

“

The Leadership Program was life-changing. It gave me the permission to explore what I was truly here to do. You cannot fail — and that makes all the difference.”

Emmanuelle Verhagen
Inclusion & Sustainability
Consultant, Board Director

“

There isn't a day I am not aware of my leadership and the infinite impact I have on the people in my life. Truly one of the best experiences of my entire life.”

Helga Grout
Life & Relationship Coach

“

This program helps you know exactly who you are as a leader and how to bring that fully into the world — whether you're a CEO, a coach, or raising your kids.”

Gonan Premfors
Founder, Author &
Managing Partner

Our Faculty

*Extraordinary leaders.
Committed to your development.*

Program leaders are hand-selected for their unique ability to inspire and grow other leaders. They bring a rich diversity of backgrounds, passions, and perspectives — yet share one unwavering commitment: unveiling the brilliance in others.

All faculty are certified Co-Active Coach Training Faculty, bringing decades of combined experience in leadership development, executive coaching, and human transformation. They don't just teach leadership — they embody it every day.

- Deep Co-Active expertise
- Executive-level experience
- Certified CTI faculty
- Diverse global backgrounds
- Devoted to your growth



Begin Your Journey

The program starts November 2026. Spaces are strictly limited.

1

Reach Out

Email or WhatsApp us to express your interest and ask any questions.

2

Discovery Call

Schedule a complimentary call to explore the program with us.

3

Application

Submit a short application so we can learn more about you.

4

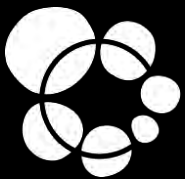
Enrolment

Secure your place. Flexible payment plans are available.

Note: The program includes adventure-based and physical activities. Please notify us of any accessibility needs or dietary requirements in advance.

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Your journey of personal mastery begins here.



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Institute

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